

Kforce Inc.
1001 East Palm Ave.
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(NASDAQ: KFRC)

AT THE COMPANY

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**KFORCE TO ATTEND THREE CONFERENCES IN
FEBRUARY 2010**

TAMPA, FL – January 21, 2010 – Kforce Inc. (NASDAQ: KFRC), a professional staffing firm, today announced that the Firm is scheduled to make the following investor presentations in first February 2010:

February 10, 2010 at 1:20 p.m. ET at Deutsche Bank's 2010 Small and Mid Cap Conference held at the Ritz Carlton Hotel in Naples, Florida.

February 22, 2010 at 10:30 a.m. MT at the 12th Annual Credit Suisse Global Services Conference held at the Arizona Biltmore Resort and Spa in Phoenix, Arizona.

February 25, 2010 at 12:05 p.m. ET at Baird's 17th Annual Business Solutions Conference held at the Four Seasons Hotel, in Boston, Massachusetts.

Links to the webcast for these conferences can be accessed at Kforce's web site at www.kforce.com (select "Investor Relations").

About Kforce

Kforce (Nasdaq: KFRC) is a professional staffing and solutions firm providing flexible and permanent staffing solutions in the skill areas of technology, finance & accounting, and health and life sciences. Backed by approximately 1,900 staffing specialists, Kforce is committed to "Great People = Great Results" for our valued clients and candidates. Kforce operates with 62 offices in 41 markets in North America and two in the Philippines. For more information, please visit our Web site at <http://www.kforce.com>.

Certain of the above statements contained in this press release are forward-looking statements that involve a number of risks and uncertainties. Such forward-looking statements are within the meaning of that term in Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Act of 1934, as amended. Factors that could cause actual results to differ materially include the following: business conditions and growth in the staffing industry and general economy; competitive factors, risks due to shifts in the market demand, including, without limitation, shifts in demand for our Kforce Government Solutions, Health and Life Sciences, Finance and Accounting and Technology groups, as well as the market for search and flexible staffing assignments; changes in the service mix; ability of the Firm to complete acquisitions; and the risk factors listed from time to time in the Firm's reports filed with the Securities and Exchange Commission, as well as assumptions regarding the foregoing. In particular, there can be no assurance that the above estimates of revenue and earnings per share will be achieved. The words "should," "believe," "estimate," "expect," "intend," "anticipate," "foresee," "plan" and similar expressions and variations thereof identify certain of such forward-looking statements, which speak only as of the dates on which they were made. The Firm undertakes no obligation to publicly update or revise any forward-looking statements. As a result, such forward-looking statements are not guarantees of future performance and involve risks and uncertainties, and actual results may differ materially from those indicated in the forward-looking statements as a result of various factors. Readers are cautioned not to place undue reliance on these forward-looking statements.

